

Semester 1 2024



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Castlemaine Community House, Maldon Neighbourhood Centre, Castlemaine Permaculture Hub and Bendigo TAFE acknowledge we are on Dja Dja Wurrung country and that the members and elders of the Dja Dja Wurrung community and their forebears have been custodians of this land for many centuries performing age old ceremonies of celebration, initiation, and renewal. We acknowledge their living culture and their unique role in the life of this nation. We pay respect to the elders, past and present, of the Dja Dja Wurrung nation and extend that respect to other Aboriginal and Torres Strait Islander people.

**Cover image:** Castlemaine Community House

# COURSES, CLASSES & WORKSHOPS

### **Art, Craft & Design**

#### **Acting for Beginners**

An exciting new course for aspiring actors and those needing a refresher. Acting is the art of telling stories, and these are what connects us.

Fridays • Feb 2 - Mar 22 • 1:30 - 4:30pm • \$80 full/\$60 conc. • Maldon Neighbourhood Centre

#### **Acting for Beginners II**

Follow on and build on the skills you've learnt including Scene Study and Monologues and have the confidence to shine.

Fridays • May 3 - Jun 21 • 1:30 - 4:30pm • \$80 full/\$60 conc. • Maldon Neighbourhood Centre

#### \*\* Art Pathways

This comprehensive visual arts program is particularly beneficial for students wishing to prepare a folio for entry into tertiary studies or pursue a career in the arts, or start an arts business. Running over 18-weeks, Art Pathways explores sculpture, painting, drawing, printmaking and more. It's about making art, but also, making connections...

Wednesdays & Thursdays • Feb 7 to Jun 26 • 36 sessions (includes break for Easter holidays) • 9:30am - 4pm • \$1200 full/\$650 conc./\$1050 EBD \*payment plans available •

**Castlemaine Community House** 

#### Art Pathway – Info Sessions

Come along to meet the Art Pathways tutors, see the wonderful learning space and learn what you'll be doing during the course!

Thursday Feb 1 • 6 - 7pm • Free • Castlemaine Community House

#### **Drawing Projects**

Explore the language and materials of drawing with observational skills, mark-making + sensitively felt responses to the visual world through a philosophical framework.

Term 1 & 2 • Thursdays • Jan 25 to Feb 29 or May 23 to Jun 27 • 6 sessions • 9:30am - 12:30pm • \$280 full/\$250 conc./\$260 EBD •

**Castlemaine Community House** 

## \*\* Fundamentals of Arts Professional Practise

Facilitated by Lucas Maddock, this popular course compliments Art Pathways by focusing on the essentials of a professional arts practice. Over 18 weeks, students will explore the business side of art, working toward a solo or group art event, such as an exhibition.

Mondays • Feb 5 to Jun 17 • 18 sessions • 9:30am - 12:30 pm • \$250 full/\$120 conc./\$220 EBD \*payment plans available • **Castlemaine Community House** 

#### **Improv Physical Theatre**

Unlock your creative self through improv exercises based on play, collaboration and support. If you are ready to break out of your comfort zone and have fun, this course is for you!

Thursdays • Feb 8 to Mar 14 • 6 sessions • 5 - 7pm • \$149 full/\$129 conc. or EBD •

**Castlemaine Community House** 



#### \*\* Intro to Arts Therapy

Dip your toe into exploring Arts Therapy as a career with this 10-week course. Taught by qualified and experienced Arts Therapist, Marcela Olea, bring your questions, interest and passion for exploring art as therapy.

Tuesdays • Apr 16 to Jun 18 • 10 sessions • 9:30am - 12:30pm • \$130 full/\$80 conc./\$110 EBD \*payment plans available • Castlemaine Community House

#### Life Drawing

Using both traditional and experimental techniques and a variety of mediums, learn how to draw the human figure confidently and open up possibilities for dynamic drawings.

Term 1 • Tuesdays • Feb 6 to Mar 12 • 6 sessions • 6 - 8:30pm • \$280 full/\$250 conc./\$270 EBD • Castlemaine Community House

#### **Painting Projects**

Develop your own painterly language while exploring diverse subjects in oils with experienced teacher and artist, Gabrielle Martin. Structured around colour mixing and observational painting, you will have the opportunity to work on your own painting projects in a supportive environment with constructive feedback and advice.

Term 2 • Thursdays • Apr 18 to May 30 • 6 sessions • 1:15 - 4:15pm • \$280 full/\$250 conc./\$260 EBD • Castlemaine Community House

#### \*\* Simple Woodwork: Part 1 & 2

Part 1: Make your own Adirondak chair in just 4 weeks. Learn simple woodwork skills like wood preparation, cutting and measuring. Materials included for part 1.

Part 2: Bring your own project ideas to fruition with support from experienced Men's Shed members. Materials NOT included for part 2.

Part 1: Tuesdays, Jan 30 to Mar 26 • Part 2: Tuesdays, Apr 23 to Jun 18 • 6:30 - 9:30pm • \$160 full/\$100 conc. • Venue: Maldon Men's Shed • Maldon Neighbourhood Centre

# **Employment Skills**& Digital Literacy

# \*\*\* Australian Defence Force Preparation - Certificate II In General Education For Adults (22473VIC)

This course is designed for those who have not completed a year 10 level and require such a level to join the Australian Defence Force. The content of this course provides you with general skills in reading, writing, numeracy and employability skills. Throughout your study you are assisted to establish further learning and pathway options including the Australian Defence Force (ADF).

Enrol anytime • 6 months • Full, subsidised & concession fees available • Online self-paced • **Bendigo TAFE** 

#### \*\* Café Skills

Dreaming of becoming the best barista in town?! This short course (13 hours) is the perfect way to start learning the craft of coffee creation, and help get your first job in a café.

Terms 1 • Tuesdays • Feb 6 to Mar 5 • 2.5 hr x 5 classes • 9:30am - 12pm • \$95 full/\$80 conc./ \$85 EBD • Castlemaine Community House

#### \*\* Create and Maintain a Website

Make a start with your first website! Learn the basics of website creation - what's a domain, a web host, WYSIWYG – and then how to maintain your website. Perfect for those wanting to get their business or hobby online without paying big bucks for a web designer.

Terms 1 • TBA • 9 classes • \$70 full/\$30 conc./\$55 EBD • Castlemaine Community House

#### \*\* Digital Office Skills

Take your office skills to the next level with this 10 week course that will cover PowerPoint, Invoices, Zoom, Excel and participating in meetings. Learn at a pace that understands learner needs, with real-life industry perspectives.

Term 1 • 10 classes • TBA • Castlemaine Community House

#### **Keeping Care Local**

An introductory course for those interested in doing caring work - providing one to one assistance to locals who need a hand. A foundation for a TAFE course in individual care, setting yourself up for paid support work, or joining others as volunteer helpers in your community.

6 weekly 3 hour sessions plus one Saturday • Maldon Neighbourhood Centre

#### \*\* Online Marketing

You've got the website, time to get it up in the socials! Gain understanding on what's the best fit for you – facebook, insta, youtube, a blog or...? Learn how to create content, explore what works and how to get the attention you want online.

Terms 2 • 10 classes • TBA • Castlemaine Community House

# \*\*\* Police Entrance Exam Preparation (B350APO1)

Prepare yourself for the police force. Equip yourself with the confidence and skills needed to undertake your Victorian Police Entrance Exam and progress on your pathway to becoming a police officer. Revise your skills and strategies in spelling, Maths, reasoning ability, English and writing, whilst at the same time, understanding the various sections within the exam itself and learning some strategies to help get you through.

Term 1 • 5 weeks • \$405 • Online virtual classes • **Bendigo TAFE** 

# Keep your brain alive and active, sign up for a new course, hobby, passion today!

And maybe even make a new friend or 2 along the way...

#### \*\* Small Business Computer Skills

If you're starting a small business and would like to develop your computer skills using Excel (spreadsheets) and Word, then this 10 week course will get you on the right track.

Term 1 • 10 classes • TBA • Castlemaine Community House

#### **Staying Safe Online**

We use the internet and our mobile phones more and more, but how do we keep ourselves safe. Learn about those nasties like scams, viruses and hoaxes, and what you can do to protect yourself. (2 sessions)

1st and 3rd Thursday of the month • 9:30 - 11am • \$10 • Maldon Neighbourhood Centre

#### Tech Help to stay connected

Bring along all your tech unknowns and there will be someone here to help you solve them.

2nd and 4th Thursday of the month • 9:30 - 11am • Free • Maldon Neighbourhood Centre

#### \*\* Trade Skills: Thermal Efficiency

A new short course to gain skills in how to improve the energy efficiency of your home. Start with understanding your energy use (electricity, gas, etc), how to reduce usage and the practical skills to do this yourself.

Terms 1 & 2 • TBA • Castlemaine Community House

# **Environment & Sustainability**

#### **Build a Rocket Oven workshop**

Save money, increase resilience and lower your footprint – rocket ovens are astronomically efficient cookers that burn hot and clean on just a handful of sticks. Joel Meadows is leading a one-off 3-day workshop where you'll learn all the basics of rocket oven design, construction and use, and help to build a rocket oven from scratch – no experience needed.

Friday, Saturday & Sunday • Jan 12,13 & 14 • 9am - 4pm • \$450 full/\$400 conc. • Castlemaine Permaculture Hub (in partnership with

# \*\*\* Certificate III in Horticulture (AHC30716) - Free TAFE course^

HD)

Our course provides you with the necessary knowledge and skills on which to build a successful career in the horticulture, landscape or parks and gardens sector. Offered a combination of on-campus and supported remote (online) learning, allows our students greater flexibility to learn.

Note if you are eligible for a Free TAFE^ place, you will not have to pay tuition fees for this course. Additional fees, such as course materials or consumables fees, may apply.

Start: Feb 2024 • 6 months FT; 12 months PT • 20 classes • Full, subsidised & concession fees available • **Bendigo TAFE** 

#### **Community Garden Connections**

What's a community garden, and how or why to participate in community gardening? Pull on your boots, roll up your sleeves and join this new program to get all the answers. Free for Community Kitchen Garden volunteers!

Terms 1 & 2 • TBA • Free • Castlemaine Community House

#### \*\* Intro to Gardening

Learn the basics of vegetable gardening from soil and seeds to plant care and harvesting. Each week a different topic will be covered and will include hands on time in the garden as well as an activity to take home and try.

Wednesdays • Jan 31 to Mar 27 • 9 sessions • 9:30am - 12:30pm • \$70 full/\$30 conc./\$60 EBD • Castlemaine Community House

#### Intro to Keeping Goats workshop

Thinking of keeping goats? Goats are the ideal homesteader's companion – they can provide milk, meat, weed control and are endlessly entertaining. Beck Lowe is hosting a one-day workshop to help you decide if goats are a good fit for your life. We will run through the various practical considerations for keeping goats, with plenty of time to answer all your questions about goats and goat keeping.

Saturday • Feb 11 • 9am - 4pm • \$130 full/\$100 conc. • Castlemaine Permaculture Hub

#### Permaculture Design Course (PDC)

Design a life that works for you, your community and the planet.

Our ever-popular Permaculture Design Course (PDC) focuses on the application of permaculture to a wide range of situations. It's not just about food growing (although that's a big part of it). Enjoy sixteen weeks of learning from knowledgeable and enthusiastic tutors, experiencing local permaculture sites and hanging out with a group of likeminded new friends.

Fridays • Feb 9 to Jun 14 • 16 sessions • 9:15am - 3:15pm • \$1250 full/\$990 conc. • Castlemaine Permaculture Hub

### \*\* Saving Money, Energy and the Environment

Learn how to reduce your bills AND take care of the planet! If you're ready to develop your understanding about how small changes made in your own home can help you to save money, along with our environment, then sign up for this very informative and practical course

Terms 2 • TBA • Castlemaine Community House

#### \*\* Summer Garden Shorts – Women

Get your garden ready to grow some great Summer produce! Over 5 sessions, students will develop beginning skills in soil preparation, seed raising and vegetable gardening essentials. Grow your own lettuce, and more!

**TBA** • Castlemaine Community House

### General

#### \*\* Chainsaw

Learn safe chainsaw use with an experienced female instructor. Women strongly encouraged to take part! You'll take wood home for your own use.

Saturday • TBA • 10am - 3pm • \$50 full/\$30 conc. • **Maldon Neighbourhood Centre** 

# \*\*\* Diploma of Justice (22594VIC) – Free TAFE course^

Our online Diploma of Justice (22594VIC) can prepare you for a career in Justice, including in corrections, court services, customs, legal firms, or state and federal policing. You can study this course flexibly through a self-paced option, completing it in 12 to 18 months.

Note if you are eligible for a Free TAFE^ place, you will not have to pay tuition fees for this course. Additional fees, such as course materials or consumables fees, may apply.

Enrol anytime • 18 months PT • Full, subsidised & concession fees available • Online self-paced • **Bendigo TAFE** 



#### **Maldon Historic Bus Tours**

Take a tour of Maldon, led by the Maldon Museum and Archives Association. Includes historic landmarks such as the Beehive Chimney, North British Mine, Mount Tarrangower Lookout Tower, Anzac Hill memorial trees, Hospital, Hotels, Court House, Primary School, Penny School, Churches, significant houses and memorable Maldon residents.

Wednesdays • Feb 7, Mar 20, Apr 17, May 15 & Jun 12 • \$10 (for bus tour only, optional Maldon Museum visit at the end is extra) •

**Maldon Neighbourhood Centre** 

#### Rattling our Cages

A program of films and conversation designed to question, subvert and analyse our closely held beliefs that are very often merely the result of our social and political culture. Each film will be deliberately provocative and followed by a facilitated colloquium. Be challenged.

1st Thursday of the month • Feb 1 to Mar 7 • 7:15pm • \$5 • Maldon Neighbourhood Centre

### **Health & Wellbeing**

#### **Chair Yoga**

A very gentle class designed for people who require special consideration.

Fridays • 11am - 12pm • \$120 for 10 sessions or \$15 per class • TO BOOK: Text Wendy 0490 064 084 • **Maldon Neighbourhood Centre** 

#### Easy Aerobics - Exercise to Music

Get moving to music and take the fun way towards fitness through simple dance steps. No experience necessary, beginners welcome!

Wednesdays • 9 - 9:45am • \$10 • TO BOOK: Sean 0419 210 043 • Maldon Neighbourhood Centre

## Feldenkrais: Learning Immersion Program

The Feldenkrais Method offers you a new lens for viewing the mixed messages your brain is giving and receiving as it tries to navigate old hurts, new fears, and constant reactions to our ever-changing world, and how these messages can cause much pain and physical discomfort. In this 7-session course, participants will learn how to build new healthy habits, build new patterns of movement, increase vitality and more!

TBA • 6 sessions • \$189 full/\$169 conc. or EBD • Castlemaine Community House

#### Hatha Yoga

**Castlemaine:** This is a gentle class for bodies that require special understanding, with a good warm up and easing into postures that will suit a variety of levels.

**Maldon:** A gentle yoga class, suitable for all levels of ability, discover yoga with Wendy and enjoy it for life.

Tuesdays during school terms • 9 - 10:30am or 10:40am - 12pm • \$120 for 10 sessions or \$15 per class • Castlemaine Community House

Wednesdays 5 - 6:30pm & Fridays 9 - 10:30am • \$120 for 10 sessions or \$15 per class • TO BOOK: Text Wendy 0490 064 084 •

**Maldon Neighbourhood Centre** 

#### Maldon Walking Groups

No booking required, all welcome!

Mondays & Fridays, social walk, 9.30am (followed by a cuppa).

Tuesdays, brisk walk, 7.30am.

Walks last between 1-1.5 hours.

This is a partnership between Maldon Neighbourhood Centre and Dhelkaya Health.

Mondays, Tuesdays & Fridays • No cost (\$1 donation for cuppa) • Meet under the oak tree at Maldon Neighbourhood Centre •

Maldon Neighbourhood Centre

#### No Lights No Lycra

No light, no lycra, no teacher, no steps to learn, no technique, just free movement and self-expression. NLNL is a safe, alcohol-free event run in low-light conditions to give dancers the feeling of dancing like no-one is watching. Suitable for all levels of fitness, bring a water bottle and wear comfortable clothes to dance in.

2nd Friday of the month • 8 - 9pm • \$10 • Maldon Neighbourhood Centre

#### **Out of Town Walks**

Regular forays to places around the region. 3rd Monday of the month. Times vary with the destination. All welcome. Bookings required.

3rd Monday of the month • 9:30am - 12pm • \$7 includes morning tea • Maldon Neighbourhood Centre

#### **Pranayama: Yogic Breathing**

In these classes we will relax and focus on our breath using simple yogic breathing techniques. By slowing the breath, we slow the mind and by slowing the mind we reduce stress and strain in our bodies.

TBA • 6 sessions • \$90 (up front) or \$15 per session • Castlemaine Community Hous

#### **Psychic Development**

A progressive series of classes that focuses on fine tuning your 'Intuition' & Psychic Abilities. The classes will be very interactive, and we will explore various ways of doing psychic readings eg: Oracle Cards, Psychometry and more...

Thursdays • Feb 1 to Mar 21 • 10 sessions • 1 - 3pm • \$135 full/\$115 conc./\$120 EBD • Castlemaine Community House

#### Yoga & relaxation

Open your body and mind with yoga and relaxation. First class is free.

Mondays • 6 - 7:30pm • \$12 casual • TO BOOK: Call Andrea on 0427 772 878 •

**Maldon Neighbourhood Centre** 

#### **Qigong: Friday Evenings**

Qigong is a low impact form of physical exercise that can help improve balance and equilibrium and flexibility in the muscles and joints through gentle flowing movements.

Fridays • Feb 2 to Mar 22 • 8 sessions • 6:30 - 7:30pm • \$71 (up front) or \$10 per session • Castlemaine Community House

#### **Qigong: Saturday Mornings**

Qigong is a low impact form of physical exercise that can help improve balance and equilibrium and flexibility in the muscles and joints through gentle flowing movements.

Saturdays • Feb 3 to Mar 23 • 8 sessions • 10 - 11am • \$71 (up front) or \$10 per session • Castlemaine Community House

#### Vintage Fashion Style

Have you ever wanted to get that glamorous vintage look that you see in Hollywood movies or old magazines? A fun and interactive set of 4 classes run by Vintage enthusiast Anita Martess.

Thursdays • 4 sessions • Feb 15 to Mar 7 • 10:30am - 12pm• \$100 • Castlemaine Community House

# Hospitality & Cookery

#### \*\* Bush Tucker

Unique opportunity to learn how to identify, grow, harvest and cook with Indigenous flora, to create delicious bush tucker. During this 16 week course, student's learning will extend across farm, Country and kitchen, with local Indigenous people and allies.

TBA • Castlemaine Community House

#### **Cheese Making**

Master the art of cheese making! Cheese making is a simple skill anyone can learn. It only takes a little knowledge to become a master and the superior handmade flavour will impress anyone.

TBA • 11am - 3pm • \$140 • Castlemaine Community House

#### \*\* Community Cooking

Gain confidence in the kitchen, while learning new, delicious recipes! In this hands-on course you'll learn basic kitchen skills, as well as how to use herbs and spices when cooking, all with the guidance of a supportive and experienced cook/facilitator.

Term 2 • TBA • 10 x 2.5 hour classes • Castlemaine Community House

#### **Cooking is Easy**

Wanting to work your way around the kitchen! Learn to produce meals and dishes that are easy to make, healthy, and budget friendly.

Wednesdays • 11:30am - 1:30pm • TBA • Holy Trinity Hall, 50 High St, Maldon • Maldon Neighbourhood Centre

#### Fermenting Made Simple

What is fermented food? Do you know they are good for your gut health? How is it made? What types of ferments are there? In this workshop you will learn to make five simple ferments on the day and take them home so you can continue to ferment for years to come.

TBA • 11am - 3pm • \$140 • Castlemaine Community House

#### \*\* Preserving Plenty – Spring Edition

This course will equip students with the necessary know-how to safely preserve produce in a delicious way. Learn how to reduce food waste, stock your pantry with tasty and healthy goodies, and share food with loved ones.

Term 1 • TBA • 10 x 2.5 hour classes • \$120 full/\$80 conc./\$105 EBD • Castlemaine Community House

#### Sourdough Bread Making

Learn the tricks to make your very own homemade sourdough bread, pizzas and muffins with expert baker Ken Hercott. This full day workshop will have you returning home with bread in your arms, pizza in your tummy, a head full of inspiration and the leaven to make it happen.

TBA • 9am - 5pm • \$185 full/\$170 conc./\$175 EBD • Castlemaine Community House

#### \*\* Zero Waste

This course is perfect for people wanting to learn new cooking skills AND how to reduce waste while cooking. Together the group will also examine the stages and resources involved in getting food from the paddock to our plates, a great way to develop literacy around sustainability.

Term 1 • Thursdays • 9 classes • Feb 8 to Mar 28 • \$150 full/\$115 conc./\$140 EBD •

**Castlemaine Community House** 

# Languages & Writing

#### French: Beginners

Get an easy introduction to French or strengthen your current French knowledge in this beginners class. For those with no or very little French experience.

Tuesdays • Jan 29 to Mar 26 • 9 sessions • 5:30 - 6:30pm • \$280 full/\$260 conc./\$270 EBD • Castlemaine Community House

#### French: Intermediate

Take it to the next level! Graduate from the Beginner Level classes into this Intermediate French course.

Tuesdays • Jan 29 to Mar 26 • 9 sessions • 5:30 - 6:30pm • \$280 full/\$260 conc./\$270 EBD • Castlemaine Community House

#### **Spanish: Beginners**

Get an easy introduction to Spanish or strengthen your current Spanish knowledge in this beginners class.

Mondays • Jan 29 to Mar 4 • 6 sessions • 4:30 - 6pm • \$195 full/\$175 conc./\$185 EBD • Castlemaine Community House

#### **Spanish: Intermediate**

For those who have completed the Spanish Beginners course and would like to take their knowledge of the language further.

Mondays • Jan 29 to Mar 4 • 6 sessions • 6 - 7:30pm • \$195 full/\$175 conc./\$185 EBD • Castlemaine Community House

#### **Writing Alive**

WRITING ALIVE will explore the creative elements and narrative arcs that are true for every form of writing, fiction or non-fiction. Heart and honesty, humor and hope, accuracy and authenticity are inspirations. From absolute beginners to wizened wordsmiths, WRITING ALIVE will be a commencement and a continuation of the wondrous journey of self-expression. Be alive! Write!!

Tuesdays • Mar 5 to Apr 23 • 1:30 - 4:30pm • \$80 full/\$60 conc. • Maldon Neighbourhood Centre

## Support your local Neighborhood & Community House by becoming a member!

Call Maldon Neighbourhood Centre at 5475 2093 or Castlemaine Community House at 5472 4842 to ask how to become a member today, and support your local Community/Neighbourhood House.

# COMMUNITY EVENTS & ACTIVITIES

# Activities for Children & Young People

#### **Intergenerational Playgroup**

This intergenerational playgroup with Maldon Hospital residents brings together the young and the young at heart! We look forward to some lovely play opportunities with the Maldon Hospital Community.

3rd Wednesday of the month at Maldon Hospital • 10:30am - 12pm • Free •

Maldon Neighbourhood Centre

#### Maldon Playgroup

Open to all parents, grandparents and caregivers, their babies, toddlers and preschool children - from Maldon and beyond. Have fun, relax and build friendships! Have a cup of tea while your children play in a safe space.

Wednesdays during school terms • 10 - 11:30am • Free • Maldon Neighbourhood Centre

#### Maldon Toy Library

Toys and puzzles for young children. Families can borrow four toys at a time for a two-week loan.

Mondays, 9:30 - 10am & Wednesdays, 10 - 11:30am • \$5 per year • Maldon Neighbourhood Centre

#### **Occasional Childcare**

An opportunity for your child to learn and spend valuable play-time with other children in a caring environment, giving you time for your own activities.

Suitable for ages 6 months to 4 years AND schoolaged kids in school holidays.

Enrolment packs are available at the Maldon Neighbourhood Centre or www.maldonnc.org.au. Contact us for more information.

Every Monday • 9:30 - 2:30pm • \$60 per session CHILDCARE SUBSIDY APPROVED •

Maldon Neighbourhood Centre



# Adults & Community

#### **Bus tours**

Themed day trips on the Baringhup-Maldon Community Bus, open to all.

Art Lovers (15 Feb) - Wine Appreciation (21 Mar)

Makers & Producers (18 Apr) - Op Shoppers (16 May)

Back Roads Mystery (20 Jun)

Bookings required • Thursdays • 9:30am - 4pm • \$25 • Maldon Neighbourhood Centre

#### **Bus tours**

Discover our Region - day trips on the Electric Bus, open to all.

Echuca (1 Feb) - Kyneton (7 Mar) - Wedderbun (4 Apr)

Clunes (2 May) - Avoca (6 Jun)

Bookings required • Thursdays • 9:30am - 4pm • \$25 • Maldon Neighbourhood Centre

# Carer's Drop-in Support Session and Morning Tea

Are you caring for someone, such as a parent, child with a disability or partner? Join this monthly gathering of Carer's, as they share and support each other.

1st Wednesday of each month • 11:30 - 1pm for carers of people under 18 yrs • 2 - 3:30pm for carers of adults • Free • Castlemaine Community House

#### **Community Kitchen Garden**

Welcomes all folk of all ages, abilities, levels of interest, knowledge & commitment to come by and be a part of our fabulous garden!

Tuesdays, 9 - 11am • Wednesdays, 1:30 - 4pm • Free • Castlemaine Community House

#### **Community Lunch**

**Castlemaine:** The most popular lunch in town, our weekly 2 course, vegetarian meal is not only AMAZING value, but is also a local institution and great way to get to know your community. Join us!

**Maldon:** Enjoy a delicious 2 course meal in the company of others from your community.

Tuesdays during school terms • 12.30 - 1:30pm • \$7 donation - can pay with cash or card • Castlemaine Town Hall • Castlemaine Community House

Wednesdays • 12pm • \$7 suggested donation • Maldon Community Centre, Francis St, Maldon • Maldon Neighbourhood Centre

## Food Links Network Spring & Summer Gatherings

Seasonal gatherings to share seeds, plants, produce, information, questions, expertise and community spirit. All are welcome to join!!

Spring, and again in Summer – schedule TBA • Free • Castlemaine Community House

### Maldon Market: Hand Made, Home Grown

Monthly farmers and makers market held on the second Sunday of every month (except January) from 9am to 1.30pm.

Maldon Neighbourhood Centre • 9am - 1:30pm • Gold coin donation to a local community group • Maldon Neighbourhood Centre

#### **Tarrangower Dementia Alliance**

Working towards a dementia friendly community in Tarrangower, if you have experience of dementia and would like to contribute, please contact: info@maldonnc.org.au or 5475 2093.

Last Friday of the month • Maldon Athenaeum Library • 10:30am - 12pm • Free • Maldon Neighbourhood Centre

### **Clubs & Societies**

#### **Cryptic Crossword Mornings**

Do you struggle with the cryptic crossword? Do you want to keep your brain active? Let's puzzle together over a cryptic crossword

1st & 3rd Monday of each month • starting Feb 6 • 10am • Free • Maldon Neighbourhood Centre

#### Maldon Golden Movies

The Film Society screens interesting and unusual shorts followed by memorable movies.

3rd Thursday of the month • 7:15pm • \$25 per annum • Maldon Neighbourhood Centre

#### **Night Sky Appreciation Society**

The Society will investigate the heavens each month with telescopes and binoculars. Starts with general discussion in the hall, then off to the Beehive.

Mondays, check Maldon Neighbourhood Centre website for dates • Free •

**Maldon Neighbourhood Centre** 

#### Repair Café

Bring clothes, radios, toys and all kinds of household goods to be repaired. You'll have a chance to join our fixers to learn how to repair your useful items and avoid throwing them in landfill.

Last Sunday of the month •
Castlemaine Community House • Gold coin donation • Castlemaine Repair Cafe

#### The Castlemaine Coffee Morning

We gather to discuss our electronics, radio communications, media and IT interests. Some of us are members of the Bendigo Amateur Radio and Electronics Club but all our groups are open to members and non-members alike.

BYO takeaway coffees and cakes from nearby cafes.

Last Sunday of the month • Castlemaine Community House • 10 am • BYO Coffee & cakes • Castlemaine Coffee Morning

# Community Transport

#### **Bus Charters**

The 11-seater bus is available for commercial hire. 20% discount for community groups. You can drive yourself, or we can provide a driver.

To charter the bus, please call 0428 329 299 or email baringhupbus@gmail.com

More information: www.maldonnc.org.au/community-bus

\$150 per day + fuel or short term hire is \$20 per hour + fuel (min 4 hours) •

**Maldon Neighbourhood Centre** 

#### **Maldon Community Bus**

A local flexible door to door community transport service running on Tuesdays & Fridays for people in Maldon and surrounds.

- -Tuesdays: trips take in Maldon, Castlemaine and Kangaroo Flat
- Fridays: trips take in Maldon, Castlemaine, and Maryborough

Full timetable and information: www.maldonnc.org.au/community-bus

To book, please call 5475 2093 or email info@maldonnc.org.au the day prior.

Suggested donations is \$5 per trip • Maldon Neighbourhood Centre

# Volunteers make our community world go round!

If you'd like to learn about volunteering with Castlemaine Community House or Maldon Neighbourhood Centre, at our lunches, in our gardens, or as a digital literacy support, just get in touch with us, we'd love to hear from you.

# **SERVICES**

#### **Be Connected**

**Castlemaine:** If you need assistance using digital devices such as laptops, tablets or smart phone, make an appointment to see 1 of our digital mentors!

**Maldon:** Bring along all your tech unknowns and there will be someone here to help you solve them.

Mondays (fortnightly) by appointment • 11am - 1pm • Free • Castlemaine Community House

2nd and 4th Thursday of each month • 9:30 - 11am • Free • Maldon Neighbourhood Centre

#### **CCH Food Pantry**

Castlemaine Community House has opened a Food Bank to provide relief for anyone needing a bit of extra support with food and supplies. Check in with our friendly reception staff to access this emergency support.

Monday to Friday • 9am - 3pm • Free • Castlemaine Community House

#### **Maldon Pantry**

Are you feeling the pinch of the rising cost of living? The Maldon Pantry is a safe and welcoming space for anyone and everyone to access some of the essentials that are becoming increasingly hard to afford.

From milk and bread, canned and dried foods to hygiene essentials and items for pets, the Maldon Pantry is here to make sure you have the things you need.

Wednesdays • 9 - 11am • Free • Holy Trinity Hall, 50 High St, Maldon • Maldon Neighbourhood Centre

#### No Interest Loans Scheme (NILS)

The Good Shepherd Microfinance No Interest Loans Scheme (NILS) is there to assist you with unexpected expenses. NILS covers white goods and furniture, some medical and dental services, car repairs or registration, education needs such as computers, books, camps and uniforms.

Don't be stranger, call 5472 4842 to arrange an appointment with our delightful NILS workers Alison & Leanne!

Wednesdays (by appointment) • 9:30am - 3pm • Free • Castlemaine Community House

#### **Public Access Computers & Internet**

**Castlemaine:** Our Open Access computers are available for the public to come by and use for typing up documents, internet browsing, research, etc. We also offer printing at 20c per page.

**Maldon:** Our computers, scanner and printer are available during opening hours for all. From 16 January.

Monday to Friday • 9am - 3pm • Free • Castlemaine Community House

Monday, Tuesday, Thursday & Friday • 9am - 3:30pm • Free • Maldon Neighbourhood Centre

#### Reconnect

Funded by the Victorian State Government, the Reconnect program provides support to early school leavers and other high needs learners to overcome the barriers they face so they can participate in education, training or to gain employment. This free service will provide personalised support and financial assistance towards education related expenses. Eligibility criteria applies.

By appointment • Free • Refer to bendigotafe.edu. au for eligibility criteria • **Bendigo TAFE** 

#### **Services Australia and Medicare Agency**

Castlemaine Community House is an agency for Services Australia and Medicare. Use our computers and phones to contact government agencies. The office is open 9-3pm Mon-Fri (closed 12:30-1pm for lunch). We can fax or photocopy original documents for you and certify copies of documents.

Monday to Friday • 9am - 3pm • Free • Castlemaine Community House

#### **Victorian Sick Pay Guarantee**

Are you a casual worker? You may be eligible to get sick and carer's pay. We're helping community members to access the Victorian Sick Pay Guarantee. To ensure no one gets left behind, Neighbourhood Houses across the state are ready to help people sign up and access the Sick Pay Guarantee..

Monday to Friday • 9am - 3pm • Free • Castlemaine Community House

#### **Skills and Jobs Centre**

Bendigo TAFE offers free and independent career and pathway advice. We support with the following:

- Workshops to support people in education, training or employment.
- Help with job searching, referrals and job matching to local employment opportunities.
- Help to prepare resumes and key selection criteria.
- Help in using your existing skills to align to a new job or to undertake new training.
- Information on employment trends, shortage in skills and employment opportunities.
- Help with career and training plans to support a successful career transition.

By appointment: By phone – 1300 100 606. In person – Bendigo TAFE City Campu • Free • **Bendigo TAFE** 

#### Learn Local

**Did you know?** Learn Local courses count towards job seeker activity requirements and can even be funded by your jobactive provider, speak to them today. Scan QR code for further details.



- \* EBD refers to Early Bird Discount, as a discount offered to those who book into a course or workshop at least 3 weeks in advance.
- \*\* This training is delivered with Victorian and Commonwealth Government Funding.
- \*\*\* Some or all of this training is provided with State or Commonwealth Government funding. Eligibility criteria applies. Refer to bendigotafe.edu.au for more information.
- ^ Free TAFE on selected courses only. Some fees and charges may apply. Eligibility criteria applies. Freetafe.vic.gov.au

These course guides are printed on recycled paper. Please be sure to dispose of them responsibility, such as into recycling, or use in your garden as mulch!



### Bendigo TAFE



#### **Castlemaine Community House**

30 Templeton Street Castlemaine VIC 3450 P: 03 5472 4842 E: reception@cch.org.au www.cch.org.au





#### Maldon Neighbourhood Centre Inc

Corner Church & Edward Streets Maldon VIC 3463 P: 03 5475 2093 E: info@maldonnc.org.au www.maldonnc.org.au



# Castlemaine **permaculture hub**

#### **Castlemaine Permaculture Hub**

Castlemaine Permaculture Hub offers permaculturerelated courses and workshops in the central Victoria region to help build individual, household and community resilience, and care for the land.

castlemainepermaculturehub.com.au



#### Bendigo TAFE's Castlemaine campus

Bendigo TAFE's Castlemaine campus is a boutique campus that provides training from foundation courses through to industry skillsets.

#### Exciting new offerings in 2024

Our VCE Vocational Major (VCE0000001) and Victorian Pathways Certificate (VPC0000001) provide hands-on learning experiences and are inclusive to all kinds of learners. Our teachers and staff care about individual learning needs. We understand everyone learns differently and at their own pace.

Employing a more diverse range of assessment strategies rather than exams, alleviates some of the pressure students face when considering the VCE. The courses prepare students to transition successfully into apprenticeships, traineeships, further education and training, university, or directly into employment. Bendigo TAFE is excited to be able to offer both courses, locally in Castlemaine.

### Online options for Defence and Law Enforcement Pathways

Whether you are looking to enter the Australian Defence Force or sit for the Victorian Police Force Entrance Exam, we have the courses to get give you the skills and confidence to do so. If working in corrections, court services, customs, legal firms or state and federal policing is your ideal career, then our Diploma of Justice (22594VIC) will provide the preparation you need. All are offered online in either a self-paced model or supported online learning with virtual classrooms, with regular enrolment intakes you can start whenever you are ready.

It's time to Unleash You at Bendigo TAFE.

Visit bendigotafe.edu.au or call 13 TAFE (13 8233) to find out more.

RTO 3077 | Some or all of this training is provided with State or Commonwealth funding. Eligibility criteria applies.

